



10<sup>TH</sup> ANNUAL  
**QUINCY ANIMAL SHELTER'S**

# 5K RUN & 1 MILE WALK

**Sunday, Oct 14, 2018 (Rain or Shine!)**

**8:00am - 12:00pm**

**DCR's Squantum Point Park @ Marina Bay  
Miwra Haul Rd, Quincy, MA 02171**



- Family & pet-friendly
- Emceed by Boston 25 News' Heather Hegedus
- Costume contest for both our four- and two-legged participants
- Vendor fair with over 15 booths
- Demonstration by Quincy Police Department's K-9 unit
- Dog agility course for your four-legged friend(s) to complete.
- More than 30 raffle prizes
- DJ Mark Mcgillicuddy pumping out energetic tunes!

**Medals will be awarded in multiple race categories.  
Trophies will be awarded to best costumes.**

Sign up at **QuincyAnimalShelter.org**

\$30 for Runners, \$20 for Walkers, Price will increase after Sep. 14

Any questions? Email: [events@quincyanimalshelter.org](mailto:events@quincyanimalshelter.org)

**FOX25 is our exclusive promotion partner for Cause 4 Paws.**  
The Cause 4 Paws 5K race is a USATF certified, chip-timed event.

QuincyAnimalShelter.org · 617-376-1349 · PO Box 690088, Quincy MA 02269

